

## INSIDE THIS ISSUE

News from India	1
News from Playa Prieta, Ecuador	2
News from Chone, Ecuador	3
News from Guayaquil, Ecuador	4
How to Access Year End Giving	4

## SPECIAL NEEDS

### Shoes and Clothes for Children in Ecuador - Cost \$8,000

Funds are needed for the purchase of shoes and clothing for 500 children who utilize the soup kitchens in Ecuador.

### Solar Water Heaters for India - Cost \$9,200

Funds are needed to purchase and install 2 solar water heaters at St. Mary's School, allowing the children to have warm water to bathe with during the cold winter months.

## MAXIMIZE YOUR GIVING

Shop on Amazon? Use **Amazon Smile** to donate 0.5% of your eligible purchases back to Help the Helpless at no additional cost to you:

1. Login to your Amazon account at [smile.amazon.com](https://smile.amazon.com)
2. Select Help the Helpless as your charity of choice by typing in "Help the Helpless" or EIN# 41-1878721
3. Shop at [smile.amazon.com](https://smile.amazon.com) every time you shop at Amazon

Does your employer have a **Matching Gift Program**? Ask your HR Department if your company will match your charitable contributions and potentially double your donations to Help the Helpless!

## CONTACT US



P.O. Box 270308  
Vadnais Heights, MN 55127



651.762.8857 or 877.762.8857



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# Help the Helpless



Christmas Newsletter

December 2022



## An Update from India

Dear loving friends and benefactors,

With the blessing of God Almighty and invisible blessing of Rev. Fr. Antony Xavier, we wish you a happy Christmas and New Year! We are so grateful to all the benefactors of Help The Helpless for their prayers and support.

We are happy to report that St. Mary's is returning to normal. The school looks like a sanctuary, full of singing birds. The children who are studying at St. Mary's are happy and comfortable, and all the children are studying well.

The rainy season has begun, and where we are located in India has become very cool. Due to the heavy rain, several areas of our state are flooded with water, and our district has been deemed a high alert area. All agricultural farm areas around us have been badly affected by the rain.

We are very conscious of the children's health during these cool months. Each day we check the health status of the children and give treatments to those who are affected with cold and fever. If a child is affected with a cold and fever, they are isolated from the other children and provided extra care by the teachers, wardens, and nurses.

Recently the district-level school competitions were held, and our Handicapped and Deaf-Mute children participated. They competed with the normal trained students from the surrounding schools.

*(continued on page 2)*

## An Update from India, continued

Several of our children won prizes in the events, and some were even selected to participate in the State level competitions. One of our deaf-mute children, Rama Subhamathi, won a prize for Folk Dance – an incredible feat when you remember that this child was able to step and dance correctly with the music even though she is not able to hear. Rama will go on to participate at the state competition soon. We are always amazed at the God-given talents of the children in our care!

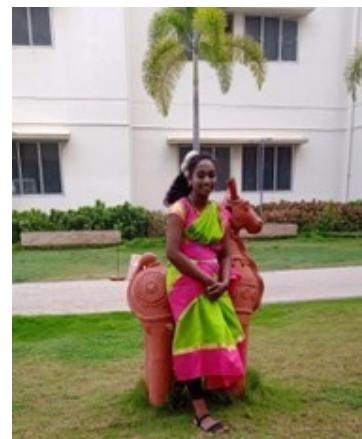


We are always praying for you. Please pray for us.

Once again, I wish you a Happy Christmas and Happy New Year!

With warm regards,

I. MariaSelvam,  
Administrator, St. Mary's School



**Deaf student  
Rama Subhamathi  
wins local dance  
competition.**

## News from the Sisters in Playa Prieta, Ecuador

Dear friends of Help the Helpless,

Christmas time is approaching - a time of thanksgiving to God for the immense gift of God made flesh, who dwelt among us. We must not fail to thank you for all the gifts you send us, and for all the help you give us.

We know that words are not enough, so we want to tell you about all the good that the Lord and our Blessed Mother Mary have allowed us to do this year thanks to the generosity of so many people.

We think of the families (the number just keeps growing) who have been able to receive their monthly food basket. There is a great need due to the political and economic crisis, while we still recover from the pandemic. We also think of the joy of the more than 10 families who, for the first time, have been able to have a fully furnished bathroom.

In our beloved school, Sagrada Familia, the teachers have been able to receive a salary increase that has helped them to cope with the cost of living and the return to classes in person. We are very happy with them, on a human level of course, but also because we can see how they are growing spiritually. This can be especially noticed in their work with the students. This year, the teacher of the four-year-old children was married in the Church, much to everyone's delight. Her greatest wish was to finally receive Holy Communion!



There are many other things that we would like to tell you, but we will have to leave it for another occasion. Please know that you are always present in our prayers and our daily Mass is offered up for you so that the Lord may reward you for so much charity and generosity.

United in the Hearts of Jesus and Our Blessed Mother in Heaven, and with affection and gratitude.

The Sisters in Playa Prieta



## News from the Sisters in Chone, Ecuador

Dear friends and benefactors of Help the Helpless,

In this joyful season we send you our Christmas greetings from Ecuador, where Jesus continues to be born by Grace in the souls of so many people. We wish to share with you a wonderful story from the last few months.

Ana Rocio Arroyo is a 49 year old woman we came to know when her brother asked us for help. Ana was very sick and had many needs. We visited Ana and her husband, and tried to help Ana with medicine and food, sponsoring her so that she could receive a monthly basket.

When we visited her at Christmas last year, taking the Child Jesus to her, Ana (who was not baptized) exclaimed: "How nice would it be to belong to the religion of the Child Jesus." With this phrase she expressed her desire to know God and to be baptized, this need of the soul being greater than the needs of the body. Ana began to receive catechesis to be baptized, with the commitment of her and her husband to also receive the Sacrament of Marriage. Both she and her husband attended the catechesis with great attention, kindling in their souls the light of the knowledge of God and the desire to live as good children of God.

As the days approached, Ana got very excited just with the idea of "being God's daughter," and she told us that she repeated this idea to everyone she met, from her family, neighbors, friends, etc.: "I am going to be God's daughter." We had the help of the members of the Home of the Mother to prepare her a baptismal dress and everything necessary for her Baptism, everyone contributing what they could, so that her exterior would represent the great work that was going to take place in Ana's soul.

A party was also prepared to celebrate this great event and so many people, after having been with Ana, came to us full of joy and commented: "Sister, she is so happy to be baptized that her joy is contagious to all of us." Finally, on October 18, Ana was baptized and confirmed by the pastor of our parish San Cayetano. Ana became a daughter of God and a member of His Church! She received the water of baptism with full knowledge of this grace, as well as the fact that God was erasing from her soul every stain of sin. She truly looked like a new person, a reborn soul. The priest urged Ana and her husband to continue preparing to receive the Sacraments of the Eucharist and Marriage, for which they are both preparing with great enthusiasm.

How great is the grace of God. How it dignifies the person. Ana felt as if she were a new creature, and she really was. She could see how this gift of being a daughter of God dignified her as a person and elevated her supernaturally in a surprising way, and that is how she felt.

Could there be a greater gift than this? Day by day the promise of the angel to Joseph continues to be fulfilled: "...and you shall call his name Jesus, for he will save his people from their sins." (Luke 1:15)

From Chone we send you all our gratitude for helping us materially and spiritually to make possible the work of God in souls and bodies. May the Baby Jesus the Savior and his Most Holy Mother bless you abundantly. Count on our prayers.

Merry Christmas!  
The Sisters in Chone



Dear Help the Helpless family, friends and benefactors,

It seems unbelievable that we are already on the verge of Christmas again. How quickly time passes. We are getting closer by leaps and bounds to the One who loves us so much, who became a Child out of love for us. Throughout the year we have had the opportunity, thanks to your help, to make this Divine Child present in the lives of many people who are immersed in much suffering. Thanks to your charity, they can experience the tenderness of Our God.

These last few months have been marked by violence. There is great political instability, drug traffickers have “declared war” on the government, and assaults and murders are very frequent, especially in the areas where we have our projects. Our Lord has given us the grace of not having to cancel them, and with much effort, and with the love that He puts in our hearts, we have continued to bring His presence to these families. We pray for you and entrust ourselves to your prayers. How precious it is to be able to participate in the communion of saints and through it, you are participants in the mission and we partake of your generosity.

May our Lord find us always ready to love. God bless you and have a Blessed Christmas!


The Sisters from Guayaquil



## Did You Know: Accessing Your Giving Statements

Follow the steps below to access your Giving Statements for Help the Helpless.

### Step 1


Login to your account at [helpthehelpless.com](http://helpthehelpless.com) by clicking on the profile icon  in the upper right-hand corner and entering in your Username and Password.

### Note

If you do not have an account, click on the Sign Up Now! link at the bottom of the sign-in pop up and follow the sign up prompts.

If you have not logged into your account recently, you will need to follow the instructions to reset your password. When signing in, you will need to enter in the verification code sent to your email on file for security purposes.

### Step 2

Click the profile icon again  and from the drop down menu, select **YEAR END STATEMENT**

### Step 3

To access your 2022 donations, click on the **Show Filters** box and select Current YTD (if accessing in 2022) or Previous Year if accessing in 2023.

Contribution Date ▾	
← Back	
Today	Yesterday
Current Week	Current Month
Current Quarter	Current YTD
Previous Week	Previous Month
Previous Quarter	Previous Year

### Step 4

To print, email or export your statement, click on the hamburger menu on the right-hand side and choose which option you would like. If you select Print, your statement will pop up in a new tab as a PDF that you can then print.

### Note

You must have a registered account to access Year End Statements. If you create an account and do not see your past giving, please email us at [info@helpthehelpless.com](mailto:info@helpthehelpless.com) or call us at 877-762-8857 and we will link your giving to your new account.

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# Help the Helpless



Christmas Newsletter

December 2022

## An Christmas Message from Father Rafael

Dear HTH Benefactors,

I never grow tired of thanking you for your generosity to The Missionary Groups of the Home of the Mother Order. Every Christmas, in our Western Tradition, we congratulate each other, give each other gifts, and illuminate Christmas lights. Your gifts to us take the form of funding for projects that would not be possible without your cooperation. For our part, we give you the gift of our constant prayer and the expression of our gratitude, especially as we approach this Christmas season, which we will celebrate in communion with the whole Church.



I will now give you a summary of all that we have been able to do this year, thanks to your generosity. These ten realities have been possible because of you:

1. We have delivered 11 bamboo cane houses to families in Riochico and Playa Prieta.
2. We finished building 6 block houses for families in Flor de Bastión, a very poor area of Guayaquil.
3. We gave scholarships to more than 200 children in more than 8 schools.
4. We have 198 sponsored families, where without your help, it would be almost impossible for them to survive.
5. We have 20 new families of Socio-Vivienda, and Father Lenin, a young and very good priest, has gone to live in this red and dangerous area, plagued by the drug virus, to evangelize and minister to the people there.
6. We have been able to pay the volunteers of the soup kitchens, and the families and have been able to open a new soup kitchen in Nueva Prosperina, Guayaquil.
7. We have bought and distributed many and varied religious material: crosses, medals, holy cards, scapulars, etc.
8. We have been able to distribute university scholarships to 58 young people.
9. We have helped to pay the salaries of teachers in Playa Prieta.
10. We have been able to distribute medicines to the poor, prescribed by our doctors, and to acquire more medical material necessary for consultations.

Just as there are 10 Commandments of the Law of God, we have been able to verify that these Commandments are summarized in two: "You shall love the Lord your God and your neighbor as yourself." These 10 new realities, made possible by your support, prayers, and donations, manifest the reality of the two Great Commandments made of love and mercy. For all this: Thank you, thank you, thank you! May God bless you and keep you many years in this life so that you may continue to do good.

With my blessing,  
Father Rafael Alonso Reymundo





## OUR MISSION

To raise funds and support the works of St. Mary's School and Orphanage for the handicapped, deaf, poor and abandoned children in southern India and for the missionary work of the Home of the Mother Catholic Order in Ecuador.

The children and families we serve are provided with clothing, food, education, shelter and the teachings of the Catholic Church.

Offering love, motivation and educational opportunities, we seek to help children thrive and become self-sufficient young adults, and we support the elderly with dignity and needed assistance.

# Help the Helpless



Christmas Newsletter

December 2022

## A Christmas Letter from Fr. Robert Altier



Dear Friends of Help the Helpless,

Christmas is a favorite time of the year for many people. Few can resist the beautiful attraction of a baby – and who is not moved when they learn that the Baby is God? He loves us so much that He became one of us! What gratitude we should have when we think about the humility and charity our Lord has shown.

At the same time, we should have profound gratitude for our Blessed Lady, who was willing to say “yes” to God, and to bring her Child into the world knowing the purpose of His coming was to die for us, so we could live with Him for eternity. The love of Jesus and Mary should inflame our hearts to strive to love as they do. Sometimes it is difficult for us to believe that God really loves us; sometimes it is difficult for us to open our hearts to receive His love because we are afraid we might be hurt or rejected. Yet we know that a Baby will not hurt us. We can feel safe.

Even the most hardened person can let their guard down around a baby. God was willing to come to us in a way we could understand and so we could receive His love. God cannot change, so He does not love us any differently now than He did when He was born from our Blessed Lady in Nazareth. We can still approach Him with the same joy, the same peace, the same confidence that we would approach the Baby in the manger.

In this joyful season, we at Help the Helpless are also filled with gratitude for you and for your great charity. I am sure some of the beneficiaries of your generosity in India and Ecuador have trouble believing they are lovable. We can hardly imagine the joy that is theirs when they are able to receive the love and the gifts that come from you. A people who have not been treated with any sense of dignity now have their dignity bolstered because you have lifted them up and given them hope and joy. Our gratitude for you is without bounds! In the midst of our own economic struggles, you have still chosen to make these wonderful people a priority. Thank you! May God bless you abundantly.

On behalf of the Board of Directors of Help the Helpless, I extend my gratitude to you and assure you of my prayers for you and for your families. We see the charity and generosity of God so clearly in the mystery of Christmas, and we realize that He will never be outdone in charity. May He repay you a hundredfold for your goodness! May your Christmas be truly glorious and reflect the love and the joy of the Mother and Child of Nazareth.

God bless you,  
Fr. Robert J. Altier  
President of Help the Helpless

